



# Triple P - Positive Parenting Program®

**A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.**

## Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

## What is involved?

- **Seminar Series** – 90-minute talks on:
  - children's behaviour
    - the tough part of parenting
  - raising confident children
  - raising emotionally resilient children.



## Program details:

## How do I book?

Visit [cahs.health.wa.gov.au/ParentingGroups](https://cahs.health.wa.gov.au/ParentingGroups)