



# Athena



## Calisthenics Club

Are you looking for a sport or hobby to put your child into?  
Why not check out Calisthenics with **FREE** trial classes.

Calisthenics is perfect for all ages to build confidence, improve stamina, make new friends and stay active.

Calisthenics is an exciting sport that's a mix of dance, gymnastics, simplified ballet, singing and apparatus work.

We are a community based Calisthenics Club and a not for profit organisation who train locally at Dianella Secondary College and Kingfisher Community Centre



## Free trial classes



**Enquire now at:**  
**[info@athenacalisthenicsclub.com.au](mailto:info@athenacalisthenicsclub.com.au)**