



Referral Form

The Better Health Program is a FREE 10-week, evidence based healthy lifestyle program for 7 to 13 year old children who are above a healthy weight, and their families.

The program includes physical activity, nutrition and behaviour change education delivered through fun and interactive activities.

Find out more at betterhealthprogram.org or by calling 1300 822 953

Fax: **1300 325 301** or Email: **program@betterhealthcompany.org**

Family Details

Parent/Carer name*:

Relationship to child:

Contact number*:

Email Address:

Home Address:

Postcode*:

Referral 1

Name*:

Date of Birth:

Gender

Height:

Weight:

Referral 2

Name*:

Date of Birth:

Gender

Height:

Weight:

Comments / other relevant information

Health Professionals Details

Please complete the details below, or provide a health professional's stamp of authority.

Referrer's name*:

Name of service/practice*:

Phone number:

Email address:

* Notes mandatory field



Health Professional's stamp