## FREE, FUN KIDS PROGRAM



## Join your next FREE local program at HBF Arena Joondalup

## DO YOU HAVE KIDS 7-13 YEARS OLD? ARE YOU WORRIED ABOUT THEIR WEIGHT?

The Better Health Program is a fun, interactive 9 week healthy lifestyle program for families. In a supportive and friendly environment, children become fitter, healthier and happier.

PLACES ARE LIMITED! FIND OUT MORE OR REGISTER NOW FOR TERM 2 2018:

**Call us:** 1300 822 953

**Text us:** 0409 745 645

Online: www.betterhealthprogram.org

Starts: May 3rd, 2018

**Day:** Thursday

**Time:** 4pm – 6pm





PARTNER