



Curtin University



**Are you a parent of a child with a disability?**

**Does your child need to learn how to follow instructions?**

**Would you like to learn how to improve your child's behaviour?**

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*Researchers at the Curtin University School of Psychology and Speech Pathology are seeking families to participate in a **FREE - 2 HOUR***

***Stepping Stones Triple P Parent Discussion Group** focused on teaching parents how to prevent and manage disobedience in children.*

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**Stepping Stones Triple P:**

- Stepping Stones Triple P is specifically tailored for parents who have a child with disability.
- It has been shown that parents who use Stepping Stones Triple P see improvements in their children's behaviour and experience less parenting stress.

**What you will receive:**

- Free attendance at a 2 hour Stepping Stones Triple P Parent Discussion Group.
- Free Stepping Stones Triple P "A guide to Disruptive Behaviour" booklet.

**Criteria for participation:**

- Be a parent of a child with a disability aged between 3 and 8 years of age.
- Eligible disabilities include autism spectrum disorder, cerebral palsy, Down syndrome, fragile X and intellectual disability.
- Be willing to attend a 2-hour parent discussion group at Curtin University in Bentley.
- Be willing to complete questionnaires about your parenting style, parenting confidence and your child's behaviours, at two points in time. These questionnaires may take you 90 minutes to complete and can be completed at home in your own time.

**Interested? Would you like more information?**

**Contact Claire Watson** - 00479131358 [claire.e.watson@postgrad.curtin.edu.au](mailto:claire.e.watson@postgrad.curtin.edu.au)

Please note that this research has not been endorsed by the school or the Department of Education. If you are interested in participating in this research you must deal directly with the researcher. Before deciding to participate in this research you should inform yourself of its appropriateness and suitability for you.

*This study has been approved by the Curtin University Human Research Ethics Committee (Approval Number HR129/2014 ). The Committee comprises members of the public, academics, lawyers, doctors and pastoral carers. Its main role is to protect participants. If needed, verification of approval can be obtained either by writing to the Curtin University Human Research Ethics Committee, c/- Office of Research and Development, Curtin University, GPO Box U1987, Perth, 6845 or by telephoning 9266 2784 or by emailing [hrec@curtin.edu.au](mailto:hrec@curtin.edu.au).*