



# Free Seminars for Parents

## Triple P – Positive Parenting Program



**Managing children's behaviour can be challenging at times for most parents.**

These 2-hour seminars will leave parents feeling more confident and better able to deal positively and effectively with common child behavioural and emotional issues.

**Seminar 1: The Power of Positive Parenting**

**Seminar 2: Raising Confident Competent Children**

**Seminar 3: Raising Resilient Children**

Parents may choose to participate in just one, two or all three of the seminars.

The program offers parents:

- A positive approach to parenting
- Open discussion and question time
- Parenting tips sheets to take home

**There is no cost to attend these seminars, however bookings are essential.**

A crèche may also be provided.

For more information, or to register to attend the seminar series, please contact:

